

SASKATOON CITY HOSPITAL



School of Nursing



EX LIBRIS
UNIVERSITATIS
ALBERTENSIS

Prairie Provinces Collection

What Nursing Means

Nursing is a service, but the way in which it is performed has varied through the ages in accordance with many things—the place of women in society, religious philosophy and current medical knowledge and practice.

Originally nursing could be described simply as care of the sick and injured. Today no simple definition is possible because nursing embraces so many health activities.

Because nursing is a service, it is deeply satisfying to the nurse as well as a necessity to the patient. It requires and develops an inquiring mind, an interest in and understanding of people, patience and tact. A good nurse is a dependable person who can adapt readily to changing situations and likely has a sense of humour. She is fortunate if she possesses a deep spiritual faith.

Such are the characteristics with which the nursing student begins her course. At its conclusion, she will have proved also that she is poised, mature, able to accept responsibility and has developed technical skills. She is then eligible to write the provincial registered nurses' examinations and so declare to the public that she is a professional nurse. Only then will the wide variety of fields in nursing be open to her and she will become a member of the provincial, national and international nursing associations which endeavour to promote a high standard of nursing and improve conditions under which nurses serve.



The School of Your Choice

Your first consideration may be the type of school in which you wish to enrol. If you are seeking a sound basic course in general nursing that will prepare you for advanced experience or study you may wish to apply to the Saskatoon City Hospital School of Nursing.

The School of Nursing is the immediate responsibility of the Associate Director of Nursing Education, who in turn is responsible to the Director of Nursing and through her to the General Superintendent of the Hospital and the Board of Governors.

The faculty of the school consists of instructors who have attended University for one or more years of post-graduate study and are experienced in their respective fields. An important contribution to the instruction of the students is made by members of the Medical staff, a dietitian, pharmacist, radiologist and physiotherapist.

It is the task of the School of Nursing to plan a course which will provide sufficient scientific knowledge and an awareness of social situations so that what is known may be quickly applied to what is new; to plan experience that has an obvious relationship to subjects learned and which is gradually accompanied by responsibility.

Nursing school offices, lecture, demonstration and practice rooms, and a reference library are located in the residence. A large lecture theatre and small conference rooms are available in the hospital. Teaching equipment includes moving picture facilities, charts, a variety of models and mannikins.

The cost of the nursing course is partially paid by the students through service given to the patients, but not entirely. New experiences require supervision and the nursing course is one of variety and a continuous learning experience. So for service given—a service from which you learn—you receive skilled instruction and supervision, residence accommodation with facilities for rest, relaxation, and play, uniforms and a stipend.

Completion of the course means graduation and a week of exciting activity. You will find that all who have shared in your personal and professional progress now rejoice with you in your achievement.

Where You Will Live

Saskatoon is a picturesque city of moderate size. The City Hospital and residence are situated on the north bank of the Saskatchewan River and are adjacent to the Kinsmen Park. They are on the bus line and within twenty minute walking distance of the downtown area, of churches of almost every denomination, and of the University. Because of easy access to the city centre participation in community activities of various kinds is possible.

The residence provides comfortable accommodation for the students. Rooms are shared. On each floor there is a lounge with a TV set and a small kitchen for occasional snacks.

There is a reception room for visitors, a large recreation room with an upright grand piano, a fiction library, and on the roof, a sun-deck for summer days.

A sewing room, laundry rooms for personal washing (uniforms are washed in the hospital laundry) and facilities for hair drying are other conveniences.

Housemothers are always on duty. They receive guests or messages for the students, are sincerely interested in their welfare and help them in any way possible.

In every home there must be comfort, but also some controls of conduct. The nursing student is fast becoming an adult so the controls are comparatively few but in the interest of all must be observed.



Registration



Your Room





Getting Acquainted



*Instruction
of Students*





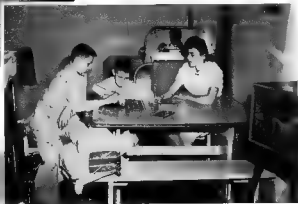


On the Ward











FICTION LIBRARY
SWIMMING (Y W C A)

SPRING BANQUET

TEAS

SOFTBALL

CURLING

BASKETBALL

TENNIS

BAZAAR

DANCES

BOWLING



Student Nurses Association Executive

Off Duty





Off Duty



Study Time





A summing up of your progress, a discussion of your potentialities and of your immediate plans will give you confidence as you leave the school to join the City Hospital staff or seek employment elsewhere.

There are many positions available for the newly graduated nurse but success, happiness and satisfaction will only be achieved in the position for which you are best suited.

Leaving the school is a bit like leaving home--you are now on your own.

You will previously have received information regarding the various nurses' associations and their purposes but now you will have an opportunity to review the requirements for registration which will not only permit you to become a Registered Nurse but will admit you to the membership of the Saskatchewan Registered Nurses Association, the Canadian Nurses Association and the International Congress of Nurses.

Membership in your own school alumnae is complementary for the first year. It is one that you will want to continue because it will enable you to maintain ties with your school and former classmates. You will be informed of changes occurring in the hospital and educational programs. In interpreting these changes to people you know you will help to maintain good public relations.





Ready for Shanghai



Graduation

*Graduation
Activities*





So we do, not for ourselves





Nurses Memorial Chapel

Provided by the Nurses Alumni
Association for the use of patients
and staff

SCHOOL OF NURSING
SASKATOON CITY HOSPITAL

SCHOOL OF NURSING FACULTY:

Director of Nursing - Principal of the School:
Miss O.J. Smith

Director of Education:
Miss L.R. Long

Clinical Co-ordinator - Assistant to Director of Education
Miss J. Ryan

Clinical Instructors:

| | |
|-------------------|---|
| Miss A. Rependa | - Operating Room |
| Miss D. Westbrook | - General Surgery |
| Miss P.A. Smith | - Neurosurgery, Ophthalmology, Nursing Arts |
| Mrs. M. Code | - Orthopedics and Urology |
| Miss B. Secord | - Pediatrics |
| Miss M. Wootton | - Obstetrics |
| Mrs. V. Cheberiak | - General Medicine |

Additional Teaching Staff:
Medical Staff; Physiotherapists; Radiologists; Pharmacists;
Dietitians; Public Health Department; Nursing Administration;
Pathologists.
Members of the teaching staff at the Centralized Teaching Program
at the University of Saskatchewan.

LOCATION OF THE SCHOOL:

NURSES' RESIDENCE - This is the red brick building adjacent to the hospital.

OFFICE HOURS:

The School Offices are open from 8 a.m. to 5 p.m. Monday to Friday only.

APPLICATION PROCEDURES

Date of Admission - Classes are admitted once yearly, at the beginning of September. The exact date is set by the University.

Mailing Address: Miss L. Long,
Director of Education,
School of Nursing, Saskatoon City Hospital,
Saskatoon, Sask.

N.B. - Applicants are advised to apply early, and complete forms early.
Classes are enrolled from 4 - 6 months in advance.

Application for entrance - cont.

Application forms:

Applications must be made in writing on forms supplied by the School. With these forms the following credentials must be submitted:-

- a) Certificate of Birth or Baptismal Certificate.
- b) Departmental official transcript of Grade XI & XII marks.
(This is Department of Education transcript and NOT High School.
- c) Grade XII Diploma recognized by the Province of Saskatchewan.
- d) Passport pictures - NOT A SNAP SHOT - TWO Passport pictures are required.

Acceptance into the School of Nursing is based on educational standing, condition of health, and personal qualifications.

Continued study in the School depends upon adaptability, conduct, health, and ability to meet the standards of the School in theory and practice.

AGE:

18 years is preferred - or to be 18 years within 6 weeks of date of entry. Students 17 years old with a Grade XII standing will receive consideration.

N.B. The SASKATCHEWAN REGISTERED NURSES' ASSOCIATION states the minimum age requirements to be 17 years of age with a Grade XII standing. THIS IS THE RECOMMENDED MINIMUM, but NOT THE DESIRED AGE FOR A STUDENT NURSE. Most Schools of Nursing feel that because of the responsibility given to a student nurse, it is most desirable to accept those who are 18 years of age.

EDUCATION:

A complete Grade XII standing, with Grade XII Diploma recognized by the Province of Saskatchewan. Accepted PASSING AVERAGE MUST BE AT LEAST 60%.

Grade XII CHEMISTRY is essential.

Preference is given to students who have UNIVERSITY ENTRANCE, provided they have the required academic average.

Subjects necessary for University entrance are:- Literature, composition, social studies, five other subjects as indicated; algebra, geometry-trigonometry, a language (French, German or Latin), and any two of the following: biology, chemistry, physics, geology.

N.B. APPLICANTS FROM OUTSIDE THIS PROVINCE MUST HAVE THEIR CREDITS EVALUATED by the DEPARTMENT OF EDUCATION in REGINA.

HEALTH:

Applicants must be in good health and present a certificate from a physician testifying fitness to nursing.

Physical examination forms are given to the applicant and must be completed before an applicant can be considered. These examinations may be done by a physician in your own community, and are at your own expense. Thorough dental examination is also required before entrance.

SPECIAL PHYSICAL EXAMINATIONS are arranged by the School in:-

- a) Eye, ear, nose & throat. This is done by a specialist in the city.
- b) Foot and back examination. Done by an interne at this hospital.

Both of these special examinations are arranged for at the same time as the personal interview, at no expense to the applicant.

Health cont.

N.B. Recommendations made at any of the above examinations must receive attention before the applicant can be accepted.

Immunization Cards are also given to the applicants and must be completed before the student applicant enters the School.

PERSONAL INTERVIEW:

A personal interview is necessary before the applicant is accepted. Acceptance into the School of Nursing is based not only upon educational standing and condition of health, but also upon personal qualifications. The School reserves the right to choose students who have the highest academic and personal qualifications.

Essential forms to be returned before a personal interview is requested:

- a) completed application form
- b) completed physical and dental record
- c) High School Record from principal of school attended
- d) GRADE XI DEPARTMENTAL MARKS: This must be the OFFICIAL TRANSCRIPT obtained from the DEPARTMENT OF EDUCATION in REGINA.

FEE:

There is no registration fee.

EXPENSES:

A. Total \$75.00.

A deposit of \$75.00 is required upon entrance. This is deposited to the student's expense account in the School. Any balance remaining to her when the student graduates from the School of Nursing is refunded. This amount pays for books, scissors, tours, subscription to the Canadian Nurse Journal.

The main outlay of money is in the first year, and is spent on books.

N.B. Students are required to buy their books from this School of Nursing.

B. Paid for by the School:

- 1) Room, board and laundry.
(Facilities are provided for the student to do her personal laundry)
- 11) Uniforms:
Standard uniforms of the School of Nursing (white and pink), are provided and must be returned to the School before the student leaves. Students may buy the School uniform upon completion of their course.

C. Other expenses:

See back page for details. This includes expenses above the \$75.00 deposit.

REMUNERATION:

| | | |
|---------------------------------|-------|-------------------|
| Preliminary and Junior students | | \$ 6.00 per month |
| Intermediate students | | 8.00 per month |
| Senior students | | 10.00 per month |

RECREATION

The Student Nurses' Association takes responsibility, subject to the approval of the Director of the School of Nursing, for student activities.

Student activities are varied as will be noted in the calendar.

Dances (formal and informal) are chaperoned.

Parties vary from total student body to individual class parties.

Christmas party and concert.

Glee Club, under permanent directorship of Mr. R. Nickel, yearly presents a SPRING MUSICALS.

Sports competition is keen between the three Schools of Nursing in this city.

Fiction Library provides many hours of pleasant reading. Books purchased are reviewed by the School of Nursing. The Student Association maintains the support of this Library.

Young People's Associations are organized in the different churches, which the students are invited to attend.

The School is non-sectarian. Students are encouraged to attend their own church when possible, and time off is arranged so that students may do so.

Student Christian Fellowship is interdenominational, and maintains a voluntary membership group in the School. Members of this group meet every Monday evening for Bible study and discussion.

The Director of Nursing and Director of Education take a keen interest in every one of the student activities.

COURSE OF STUDY

The program of study comprises three years. The plan is to instruct and direct the student from the relatively simple responsibilities to the more senior responsibilities in team leadership.

Teaching is carried on in both classroom and clinical areas, and demonstrations are frequently carried out in the actual situation.

The students benefit from actual practice in the ward situation, under the guidance of the Clinical Instructor, and supported by senior members of the Nursing and Medical staff.

To support theory with practice, the three-year curriculum has been arranged in terms:-

Preliminary - Junior - Intermediate - Senior

PRELIMINARY TERM: 8 months - or 32 weeks, divided as follows:-

- first 4 months G.T.P.
- second 4 months S.C.H.

a) G.T.P. - Centralized Teaching Program.

All students live in Residence and walk to the University, for these classes.

The subjects taken are: Anatomy and Physiology; Microbiology; Nutrition; Pharmacology; Psychology; Sociology; Fundamentals of Nursing I.

PRELIMINARY TERM Cont.:

Mid-term tests are given in most subjects, and reports sent to the School of Nursing. Students must pass this first 4-month term with a minimum of 60% average before progressing on with the second 4 months. Supplementals in 2 subjects are permitted. Failure in 3 subjects means automatic withdrawal.

- b) S.C.H. - Saskatoon City Hospital School of Nursing.
All classes are in the School of Nursing.
The subjects taken are: Fundamentals of Nursing II (theory and practice); Odontology; Pathology; Pharmacology; Diet Therapy; Surgery; Medicine.

The early weeks in this period are intensive in practical instruction and demonstration so the student may acquire some skill in care of the patient. The related medical subjects are gradually introduced about the 5th week. Students will be posted to general Medical and Surgical wards where the Clinical Instructor assigns each student to the care of a patient. Students will be under the direct supervision of the Clinical Instructor at all times. This period of time affords the opportunity for testing the aptitude and general fitness of the student, and also allows time for her to become confident that nursing is the career desired. Each student is carefully reviewed in relation to her academic and clinical suitability by the Instructors as a group. Receipt of the cap at the end of the preliminary period signifies acceptance for the remainder of the three years.

JUNIOR TERM: This follows when the cap has been received. The Clinical experiences in the Diet Kitchen, Central Supply Room, and in General Medicine and Surgery, are accompanied by teaching through conferences, group discussions, written assignments, and individual bedside teaching. Classes toward the end of this experience are held as a complete block for 3 - 4 weeks. Students are completely removed from the ward. The subjects taken are: Orthopedics; Urology; Gynecology; Otolaryngology; Ophthalmology; Neurosurgery.

INTERMEDIATE TERM:
Clinical experiences are : Obstetrics; Pediatrics; Operating Room; Sanatorium; Psychiatry (toward the end of term, and 40% of the students receive it.)
Concurrent teaching is done in all of these areas.

SENIOR TERM:
Clinical experiences are: Emergency; Senior Charge; Senior Electives.
Classes will be in: Professional Adjustments II; Emergency Nursing; Ward Management; Senior Medicine and Surgery; Public Health.

EXAMINATION STANDARDS OF THE SCHOOL

Examinations are taken at the end of each course of instruction in the:

Preliminary - Junior - Intermediate - senior terms

PASS MARKS:

Major Subject: Fundamentals of Nursing II - Theory 6% - Practice 70%
Failure in the final exam means withdrawal from the School.
All other subjects have a pass mark of 60%.

Preliminary term:

Students failing in more than two subjects are advised to withdraw from the School. Opportunity is given for them to reapply should they withdraw, and their application is reviewed by a special committee. Failure in Fundamentals of Nursing II is an automatic withdrawal from the School.

Junior, Intermediate and Senior terms:

Students failing subjects in the above terms may write supplementals, provided that they fail in not more than two subjects and have an average of 60%.

Supplemental Examinations:

The pass mark in a supplemental is 6%.

One supplemental only may be written in that subject. The student who fails this supplemental will be reviewed in her whole record, pending a decision.

Referral Committee: Composed of: Superintendent of the Hospital

Medical Chief of Staff

Director of Nursing (Principal of the School)

Director of Education

WITHDRAWAL FROM SCHOOL:

Students presenting a problem academically, clinically, or for any serious breach of conduct are reviewed by the Referral Committee.

Should a student withdraw, or be requested to withdraw, she shall, as well as forfeiting the book expenditure, be required to return pins, cap, uniforms, cape, and all uniform equipment of the School.

HOURS OF DUTY - VACATION and ILL TIME - LEAVE OF ABSENCE

A 44-hour week for student nurses.

Night duty terms are two weeks in length.

Straight 8-hour shifts: 7:30-4:00; 3:30-12 m.n.; 11:30 p.m.-8:00 a.m.

Meals are included in this time: Classes are considered "on duty" time.

A 3/week vacation each year, determined by the classes and clinical rotation.

Leave of absence: Consideration is given under special circumstances.

Ill time: Fourteen days ill time is allowed for illness in three years.

HEALTH SERVICES

Health Program:

The School has a Health Nurse who is responsible to the School for the health supervision of the students, which includes: annual physical checkups; routine periodic chest x-rays; hemoglobins; immunization reinforcements are given in accordance with the City Medical Health Officer. Free medical and hospital care is provided for illness occurring while at the School. A doctor of the student's choice attends her. This service does not carry into the community where the student may take ill. This expense, also that of special nurses, if required, must be borne by the family of the student.

EXPENSES - Other personal expenses in detail:

A: School Requirements:

- a) Watch - with a second hand and expendable bracelet.
- b) Sweater - white, plain coat style.
- c) Nurses' Shoes - a plain white oxford shoe, preferably with military heel.
ABSOLUTELY NO WEDGE HEELS.
This shoe may be purchased from any shoe store ...
which specializes in the nurses' clinic shoe.
One pair to be purchased upon entrance into the School,
and the other when the student receives her cap. This
is at the end of 8 months.
- d) Stockings - white nylon - more than one pair is recommended.
- e) Shorts and running shoes - for physical education.
- f) Laundry bags - TWO - to be marked with owner's name in RED BOTTLABLE
cotton (embroidery cotton). Size of bag 36" x 24".
(1½ yards of unbleached cotton makes two.)
- g) "CASH'S" Name Tapes - for marking clothing and uniforms.
These may be ordered through the following address:
Cash's,
36 Greet St., BELVILLE, Ontario.
note: Minimum of 12 dozen, style 49, price \$3.50.
- h) Dishes - mug, spoon, saucer, plate, knife, fork, and a canister for
food would be useful for night lunches.
note: lunch dishes are not provided.
- i) Housecoat - absolutely NOT sheer, and must be buttoned or zippered.
- j) Wash cloths.

B: Provincial Registration Requirements:

Saskatchewan Registered Nurses' Association examinations are taken at the end of the three-year course. These examinations qualify the student for her license to practice in the province of Saskatchewan. The cost to the student is:

- a) "Preparatory Test Papers" \$ 2.00
- b) Registration exams by the province:
 - Registration fee - \$ 5.00
 - University fee - \$10.00
 - License fee - \$22.00

C: Personal Requirements:

- a) Personal underclothing and other wearing apparel.
(Plain underclothing is advised.)
- b) Miscellaneous:
 - i) A small sum of money is necessary for initial needs, and an additional amount for each year for personal requirements.
 - ii) Return fare home, should the student not be successful in passing the examinations.
 - iii) Graduation expenses - these are mainly for a formal dress, and photograph for the class pictures.
 - iv) Uniforms may be purchased after the completion of training if desired.

